

CREATIVE BRAINWAVES

GLOBAL VOICES, CREATIVE SOLUTIONS, HEALTHIER MINDS: TALKS & WORKSHOPS

Friday 11th September
in Ennis, County Clare
from **11am To 3pm**



**SCAN THE QR CODE
to book via Eventbrite**

Mike Hanrahan and Karen Meenan, Atlantic Fellows for Equity and Brain Health present Creative Brainwaves on 11th September 2026 in Temple Gate Hotel ,The Square Clonroad Beg, Ennis, Co Clare. They will showcase global and local initiatives in creative arts, dementia, brain health, Parkinson's, and extended reality (XR), with talks, workshops, and performances aimed at promoting wellbeing through creativity and innovation.

11.00am - 12.30pm

Developments in Creative Arts in Dementia and Wellbeing Worldwide & Introduction to Virtual Reality (VR)

11.00 Karen Meenan Atlantic fellow for equity in Brain Health introduces the event and fellow host Mike Hanrahan.



11:05 Mike Hanrahan presents an overview to the importance of creative arts in a global context introducing Extended Reality (XR) to communicate with people living with dementia.



11:10 Dr Anusha Yasoda-Mohan, programme manager for 'EMERALD-Lewy' and expert on tinnitus, will present her findings on the latest dementia research, and will also lead an engaging Bollywood dance workshop in the afternoon.



11.20 Brian Hogan, from Limerick, suffered severe brain damage and blindness from an unprovoked 2009 attack. He will speak about his fund-raising achievements for Acquired Brain Injury Ireland since his assault.



11.30 BREAK (15 min) VR headsets will be available during the break to experience some XR content.

11:45 Dr Caoimhe Tyndall, neuroscientist and theatre actor will present on her theatre interpretation of the Parkinson's brain and will host a theatre workshop in the afternoon.



11:55 Dementia Inclusive Videos.

12:00 Dr Kevin Quaid, Chairperson of the European Working Group of People with Dementia and the Irish Dementia Working Group and author of two books will speak about his life following his diagnosis with Lewy Body Dementia and Parkinson's.



12:10 Helena Quaid, complementary therapist, Reiki master, mother of six and care partner for Kevin will speak frankly about the realities of caregiving, self-care, and preserving her identity, working globally to raise dementia awareness and reduce stigma.



12:20 Kasia Kowalska, founder of Your Healing Arts, will speak about the importance of the arts to support personal growth. She will host a creative workshop after the break.

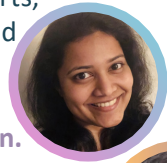


12:30 to 1:00 BREAK VR headsets will be available during the break to experience some XR content.

1:00 to 1:15 Theatre workshop facilitated by **Karen Meenan** and co-hosted by **Dr Caoimhe Tyndall**.



1:15 to 1:45 Kasia Kowalska founder of Your Healing Arts, will host a creative workshop using art, movement, and reflection to support personal growth.



1:45 to 2:00 Dance workshop led by **Dr Anusha Mohan**.



2:00 to 2:15 Panel discussion on the role of caregivers with **Brian Hogan**, **Kevin Quaid** and **Helena Quaid**.



2:15 to 2:20 Video – A River Rolls On.

2:20 to 2:45 Questions from the audience.

2:45 to 3:00 Music with **Mike Hanrahan** (We Had it All and Beautiful Affair).



3:00 Finish.

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